**1 Samuel 26-27**

**Main: Dealing with foolishness is exhausting,**

**and exhaustion is dangerous.**

**1 Samuel 26:1-4**

**1 Samuel 26:5-6**

**1 Samuel 26:7-12**

**1 Samuel 26:13-23**

**1 Samuel 26:23b-25**

**Some Characteristics of Fools**

**Proverbs 1:7 - The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction - *Fools are not teachable*.**

**Proverbs 12:16 - Fools show their annoyance at once, but the prudent overlook an insult. *Fools are easily offended.***

**Proverbs 17:28 - Even fools are thought wise if they keep silent, and discerning if they hold their tongues. *Better for people to think you’re a fool than to open your mouth and prove it.***

**Proverbs 18:2 - A fool has no delight in understanding, but in expressing his own heart. *Foolish people have little interest in learning and more in hearing themselves talk*.**

**Proverbs 23:9 - Do not speak in the hearing of a fool, for he will despise the wisdom of your words. *With foolish people, it often does no good to talk to them*.**

**Proverbs 26:9 - Like a thornbush in a drunkard’s hand is a proverb in the mouth of a fool. *It’s not just what we know, it’s knowing how to use it.***

**Proverbs 26:11 - As a dog returns to his own vomit, *so* a fool repeats his folly.**

***Until some people are willing to deal with their problems, they will simply keep repeating them*.**

**Proverbs 26:12 - Do you see a person wise in their own eyes? There is more hope for a fool than for them. A *proud person is in more danger than a fool.***

**Proverbs 27:22 - Though you grind a fool in a mortar, grinding them like grain with a pestle, you will not remove their folly from them. When problems are deeply engrained, even physical pain won’t cause people to learn.**

**Proverbs 29:11 - A fool vents all his feelings, but a wise *man* holds them back.**

***A fool lacks self-control***

**Psalm 54 – David trusting**

**1 Samuel 27:1-12 – David exhausted. Exhaustion is dangerous**

***While emotional exhaustion may not be a good excuse, it can be a reality for us.***

***Fools require us to:***

* ***Identify them***
* ***Not join them***
* ***Respond appropriately***
	+ ***Pray***
	+ ***Recognize and react to the reality of them***
* ***Endure with confidence -* Hebrews 10:35-36; 12:3; Galatians 6:9**